

Dear Valued Patients,

I hope this message finds you in good health. As your dedicated healthcare provider, I am committed to delivering the highest quality of care, particularly for managing complex chronic conditions like tick-borne diseases.

Regrettably, the financial structure within which Naturopathic doctors operate has become increasingly unsustainable. Most notably, insurance companies have not increased their reimbursement rates for our services in nearly two decades. This stagnation, combined with recent policies that involve down coding our visits to lower reimbursement categories, severely restricts the quality and duration of care we can provide under these insurance constraints.

These challenges have forced me to reevaluate how I can continue to deliver the comprehensive care you deserve without the limitations imposed by outdated insurance models. Therefore, effective June 1, 2024, I will no longer participate as an in-network provider with insurance companies. This change is crucial for maintaining the standard of care necessary to effectively treat and manage complex health issues without compromise.

To assist you with the financial aspects of your care, our office will provide detailed receipts for you to submit to your insurance company for out-of-network reimbursement.

For those who prefer to remain within an insurance network, please note that Dr. Houser and Dr. Yimoyines will continue to be in-network providers and are both excellent in their fields.

Starting June 1, 2024, the fees for my services will be as follows:

- High-Medium Complexity Appointments: \$497
 - These include your initial appointments and any subsequent visits that may involve additional lab reviews, significant updates in your treatment, or new diagnostic considerations (always First, Second and Third appointments).
- Low Complexity Appointments: \$247
 - These appointments are suitable for ongoing management of your condition from the fourth visit onwards unless there are significant Lab reviews or updates to treatment plans or if it has been a year since your last visit.

I understand that these changes might be concerning, and I am here to discuss any questions or concerns you might have. Please do not hesitate to reach out to our office to schedule a conversation.

Thank you for your understanding and for trusting me with your healthcare needs. I am committed to providing you with the best possible care, free from the constraints that have hindered my ability to do so in the past.

Sincerely,

Dr. Myriah Hinchey